

Friday, February 19

11:00 a.m. to 4:00 p.m.

Know Your Numbers for Heart Health

Kirksville  Store Event

Biometric Screenings



\$45.00 and earn 25 cents on your Fuel Saver + Perks card

All biometric screenings will be performed by our registered dietitian. Screenings will take place in the privacy of our Hy-Vee Healthy You Mobile that will be parked at the front of the store. This simple finger stick will measure your total cholesterol, HDL (good cholesterol) LDL (bad cholesterol), triglycerides, blood glucose and body mass index. The screening only takes about 15 minutes and it could help you prevent a heart attack. Walk-ins are welcome or you can call the dietitian at 660-665-8335 to schedule an appointment to guarantee quick service.



Heart-Healthy Samplings

Following your biometric screening enjoy heart-healthy samples throughout the store and receive heart-healthy recipes and meal ideas.

